

# 64th World Congress of Dance Research Athens, 1-5 July 2026

<https://2026congressathens.cid-world.org/>

## SATURDAY 4 JULY 2026

### WORKSHOPS

<b>Dora Stratou Theatre, Philopappou Hill / Class hall</b> Arakinthou 33 (opposite), Philopappou Hill GR-11741, Athens	
<b>Time</b>	
09:30	Mgr. art. Lubica Orovnická, ArtD. and Mgr. art. Ivica Liszkayová, PhD. (Slovakia): When Tradition Meets Innovation: Ballet and Modern Dance for Beginners
10:00	Mr. Milos Cile Mitic (Serbia): Performer on Stage: Technique and Presence in Staged Folk Dance
10:30	Ms. Roberta de Laura (Italy): Ballett & Modern Experience
11:00	Ms. Yidi Lin (U.S.A.): Dance Fusion: Contemporary and Hip-hop
11:30	Mr. Richard Oaxaca (U.S.A.): Graham based floor work
12:00	<b>Briefing by CID President Prof. Alkis Raftis</b>
12:30	Ms. Larissa Vesci (Spain): Introducción a los FANDANGOS / Introduction to the FANDANGOS
13:00	Ms. Fady Nakussima (Angola): SOMATIC ANCESTRY: Reclaiming identity through Rebita, Chianda and Semba
13:30	Ms. Shamti Ruiz Nambiar (U.K.): The Language of Mudrās
14:00	Ms. Rajadarshini Saravanan (India): Yogashilpa - The Sculpting Art of Dance through Yoga
14:30	Ms. Beatriz Castaño Jumela (Italy): MTE.CJ: Body, Movement and Transformation. An embodied methodology for education, creation and social impact.
15:00	Ms. Mireia Cots Abuli (Spain): Educant a través de la dansa/ Educating through dance
15:30	Ms. Liene Adamsone (Canada): Spiritual Dance the Adamsone Method
16:00	Mr. Ingo Günther (Germany): Class on Historical Dance / La Menuet – The Queen of Dances
16:30	Ms. Revati Khattar (India): Bolly-rhythm
17:00	Ms. Jaël Blondeau (France): Bannières et Gospel Musique
17:30	Ms. Federica Aluzzo (Italy): Diamond dance
18:00	Ms. Dagmar Spain (Germany): Movement dialogues
18:30	Ms. Stella Danai Avloniti (U.S.A.): The three basic body actions of rumba and chachacha in international Latin style

### IMPORTANT

**Access to the venue is granted through the main Theater entrance ONLY from the THEATER PARKING AREA, 33 Arakinthou str.**